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# The One Thing Necessary

**What it is:** **This is the 2<sup>nd</sup> Year of** 24-week course (one evening per week which begun in fall 2019) Presented by Fr. Armando Marsal DCJM. Constructed according the Spiritual Exercises of Ignatius of Loyola, and influenced by other spiritualities such as Dominican and Carmelite.

**Description:** "Ours is a time of continual movement which often leads to restlessness, with the risk of "doing for the sake of doing" - St. John Paul II  
We must resist this temptation by trying "to be" before trying "to do".  
Remember Jesus's words to Martha: "You are anxious and troubled about many things; one thing is necessary" (Lk 10:41-42)

**When:** **Wednesdays, Beginning September 16<sup>th</sup>, 6:00-7:00 pm, zoom only**

**Among the things you will learn**

- Rediscover the desire for the infinite things you
- Live from Him, through Him and for Him (Rom 11:39) will learn:
- Rid yourself of disordered attachments
- Face difficult situations in life even death
- What it means to be meek and humble
- Be healed of negative emotions
- How to make choice of a way of life

**Pre-requisites for Attendees:**

1. Personal commitment to have 15-30 minutes of 'relational prayer' each day.
2. Personal commitment to attend all classes. (Classes are in three, 8-week segments. Commitment is for 8 weeks at a time.)
3. Trusting openness for the wisdom and teachings of the Church to light the way
4. Commitment to use the Sacrament of Confession more than once a year.
5. Desire to engage your God-given mission according to your life's circumstances.

**Presenter:**

Rev. Armando Marsal, D.C.J.M.. Parochial Vicar, St. Mary (Littleton) Born in Spain, Madrid, February 24th 1957, the third of 10 siblings. Studied in a Jesuit school until he went to the University, to study Mining Engineering. From the age of 12 he lost his faith. In his words "I had a total lack of prayer and relationship with God". When he was 25 years old, he had a very strong conversion. Since that experience he wanted to find God and to do His will. He joined the religious group of the Disciples of the Hearts of Jesus and Mary DCJM and became a priest at the age of 36. He has been a priest in The United States for 11 years; 4 years in North Virginia and 7 in Colorado. These last three years he has been assigned to St Mary Littleton. All these years working with Marriage and Family life. He taught several classes in Spain, in the seminary and theological faculties for lay people: Anthropology, Mariology, Moral Theology. He has also have given several retreats in US and around the world to the Missionaries of Charity of Mother Teresa, and in the last few years he has given several silent retreats to English and Spanish lay people and religious communities in Denver.

**Purpose:**

In class we will respond to St. John Paul II and we will "put out into the deep", deep into silence, the silence which does not seek the escape from noise, but silence in which we meet Christ.

*Liturgical catechesis aims to initiate people into the mystery of Christ ( It is "mystagogy." ) by proceeding from the visible to the invisible, from the sign to the thing signified, from the "sacraments" to the "mysteries." Such catechesis is to be presented by local and regional catechisms. This Catechism, which aims to serve the whole Church in all the diversity of her rites and cultures,<sup>15</sup> will present what is fundamental and common to the whole Church in the liturgy as mystery and as celebration (Section One), and then the seven sacraments and the sacramental (CCC 1075)*

**Cost:****Tuition:**

- **Scholarships are available for those who may not be able to afford full tuition. Please contact Peter at 720-934-1353 for more information.**
- \$20/Class/Person (\$480 per academic year)
- \$30/Class/Couple (\$720 per academic year)
- Charitable contribution will be collected at end of speaking series and the amount will be left on personal discretion. Contribution will be use as scholarship for parishes and individuals less fortunate.

## Course Overview:

- | 01 MEDITATION FOR MAKING THE PRINCIPLE AND FOUNDATION HIS LOVE FOR ME
- | 02 MY OPENESS TO REALITY GOD FATHER CREATOR ALMIGHTY
- | 03 WE ARE CREATED FOR THE UNION WITH GOD
- | 04 PROVIDENCE THE TRUE AND LIVING GOD
- | 05 LIVING FROM MERCY
- | 06 HATING MY SINS AND SINFUL BEHAVIORS
- | 07 BRINGING MY LIFE TO THE MERCY OF MY FATHER
- | 08 FACING DEATH FOR LIVING BEFORE GOD
- | 09 THE CALL OF JESUS TO FOLLOW HIM
- | 10 THE INCARNATION
- | 11 TWO STANDARDS
- | 12 TEMPTATIONS OF JESUS
- | 13 THREE CLASSES OF MEN
- | 14 THE BEATITUDES
- | 15 THREE KINDS OF HUMILITY
- | 16 Hidden Life of Christ
- | 17 THE WORDS OF INTIMACY
- | 18 THE EUCHARIST THE PERMANENT GIFT OF LOVE OF A HUMBLE AND HIDDEN GOD
- | 19 GETHSEMANE PRAYER OF JESUS
- | 20 GOD'S HUMILITY
- | 21 TAKE UP YOUR CROSS
- | 22 THE OBEDIENCE - THE CONFORMITY TO THE WILL OF GOD
- | 23 THE SEVEN LAST WORDS OF JESUS ON THE CROSS
- | 24 PIERCED HEART, I THIRST